

United States Patent Application  
for  
CERVICAL PLATE FOR STABILIZING THE HUMAN SPINE

TO THE COMMISSIONER FOR PATENTS:

Your petitioners, DAVID T. HAWKES and THOMAS M. SWEENEY, citizens of the United States, whose post office addresses are 12187 South Business Park Drive, Draper, Utah 84020, and 1921 Waldemere Street, Suite 609, Sarasota, Florida 34239, respectively, pray letters patent may be granted to them as the joint inventors of a CERVICAL PLATE FOR STABILIZING THE HUMAN SPINE as set forth in the following specification.

## CERVICAL PLATE FOR STABILIZING THE HUMAN SPINE

### CROSS-REFERENCE TO RELATED APPLICATIONS

This application is a continuation of co-pending U.S.  
5 Patent Application Serial No. 10/198,525, filed July 16, 2002,  
entitled "CERVICAL PLATE FOR STABILIZING THE HUMAN SPINE,"  
which claimed the benefit of U.S. Provisional Application No.  
60/335,023, filed October 31, 2001, both of which are hereby  
incorporated by reference herein in their entireties,  
10 including but not limited to those portions that specifically  
appear hereinafter, the incorporation by reference being made  
with the following exception: In the event that any portion  
of either of the above-referenced applications is inconsistent  
with this application, this application supercedes said  
15 portion of said above-referenced application.

### STATEMENT REGARDING FEDERALLY SPONSORED RESEARCH OR DEVELOPMENT

Not Applicable.

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### BACKGROUND OF THE INVENTION

#### 1. The Field of the Invention.

The present invention relates generally to orthopedic  
bone fixation devices for stabilizing a plurality of bone

segments, and more particularly, but not necessarily entirely, to a bone plate and a bone screw assembly for stabilizing the cervical spine and blocking movement of grafts, and otherwise maintaining the cervical vertebrae in a desired relationship.

5     2.     Description of Related Art.

          The spine is a flexible, multi-segmented column that supports the upright posture in a human while providing mobility to the axial skeleton. The spine serves the functions of encasing and protecting vital neural elements and provides structural support for the body by transmitting the weight of the body through the pelvis to the lower extremities. Because there are no ribs attached to either the cervical spine or the lumbar spine, they have a relatively wide range of motion.

15           The spine is made up of bone, intervertebral discs, synovial joints with their articular cartilage, synovial capsules and, as part of the back, is surrounded by supporting ligaments, muscle, fascia, blood vessels, nerves, and skin. As in other areas of the body, these elements are subject to a variety of pathological disturbances: inflammation, trauma, neoplasm, congenital anomalies, disease, etc. In fulfilling its role in the back, the spine can be subjected to significant trauma which plays a dominant role in the etiology

of neck and low back pain. Trauma frequently results in damage at the upper end of the lumbar spine, where the mobile lumbar segments join the less mobile dorsal spine. Excessive forces on the spine not only produce life-threatening traumatic injuries, but may contribute to an increased rate of degenerative change.

The cervical spine comprises the first seven vertebrae of the spine, which begin at the base of the skull and end at the upper torso. Because the neck has a wide range of motion and is the main support for the head, the neck is extremely vulnerable to injury and degeneration.

Spinal fixation has become a common approach in treating spinal disorders, fractures, and for fusion of the vertebrae. One common device used for spinal fixation is the bone fixation plate. Generally, there are two types of spinal plates available, (i) constrained plates and (ii) semiconstrained plates. Generally, a constrained plate completely immobilizes the vertebrae and does not allow for graft settling. In contrast, a semiconstrained plate is dynamic and allows for a limited degree of graft settling through micro-adjustments made between the plate and bone screws attaching the plate to the spine perhaps by way of an intervening coupling ring that holds the screws within the

plate. The operation of the semiconstrained plate stimulates bone growth. Each type of plate has its own advantages depending upon the anatomy and age of the patient, and the results desired by the surgeon.

5       A typical bone fixation plate includes a relatively flat, rectangular plate having a plurality of holes formed therein. A corresponding plurality of bone screws may be provided to secure the bone fixation plate to the vertebrae of the spine.

10       A common problem associated with the use of bone fixation plates is the tendency for bone screws to become dislodged and "back out" from the bone, thereby causing the plate to loosen. Some attempts to provide a screw with polyaxial capabilities to help avoid screw "back out" are known throughout the prior art. However, many of these attempts have resulted in a bone  
15       fixation plate having a very large profile size that can cause irritation and discomfort in the patient's spinal region, or an assembly with multiple parts that must be assembled prior to implantation, which can be laborious and time consuming for surgeons.

20       In a typical anterior cervical fusion surgery, the carotid sheath and sternocleidomastoid muscles are moved laterally and the trachea and esophagus are moved medially in order to expose the cervical spine. The cervical plate is

designed to lie near and posterior to the esophagus. Due to its relative location to the esophagus and other connective tissue, if the bone screw securing the plate to the cervical spine backs out, the bone screw could pierce the esophagus, causing not only pain and infection, but also posing a serious risk of death to the patient. The anti-back out mechanism is important not only to avoid piercing of the esophagus, but also to reduce the profile size of the plate, such that no post-operative difficulty in swallowing is experienced by the patient.

There are several spinal fixation devices known in the prior art. U.S. Patent No. 6,193,720 (granted February 27, 2001 to Yuan et al.) discloses a cervical spine stabilization device. This cervical spine fixation device requires multiple component parts to provide fixation between a plurality of vertebrae. This device is complex in operation because it requires multiple parts, each of which must be adjusted by the surgeon during surgery, causing extra unnecessary and unwanted labor and time.

U.S. Patent No. 6,022,350 (granted February 8, 2000 to Ganem) discloses a bone fixation device comprising an elongate link for receiving at least one bone-fastening screw containing a semi-spherical head, which bone-fastening screw

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passes through an orifice created in the elongate link. The bottom of the elongate link contains a bearing surface that essentially has a circular cross section, allowing the semi-spherical head to be seated therein. The device further includes a plug having a thread suitable for coming into clamping contact against the screw head to hold the head in a desired angular position. This device is characterized by several disadvantages, including the need for a larger profile fixation device in order to allow the semi-spherical bone-fastening screw head and the accompanying plug to fit within the bearing surface. Ganem's larger profile design reduces the effectiveness of the device because of the potential for increased discomfort for the patient.

It is noteworthy that none of the prior art known to applicants provides a spinal fixation device having a low profile size, utilizes few component parts, and provides the surgeon with the ability to manipulate and micro-adjust the fixation device. There is a long felt, but unmet, need for a spinal fixation device which is relatively inexpensive to make, simple in operation and provides a secure interlock between the head of a fastener, such as a bone screw, and the inner sidewall of a receiving member, which is located within a plate hole, that also has a low profile.

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The prior art is thus characterized by several disadvantages that are addressed by the present invention. The present invention minimizes, and in some aspects eliminates, the above-mentioned failures, and other problems, by utilizing the methods and structural features described herein.

The features and advantages of the invention will be set forth in the description which follows, and in part will be apparent from the description, or may be learned by the practice of the invention without undue experimentation. The features and advantages of the invention may be realized and obtained by means of the instruments and combinations particularly pointed out in the drawings, subsequent detailed description and appended claims.

#### BRIEF DESCRIPTION OF THE DRAWINGS

The above and other features and advantages of the invention will become apparent from a consideration of the subsequent detailed description presented in connection with the accompanying drawings in which:

FIG. 1 is a top view of a dynamic spinal plate illustrated with three pairs of holes for implantation



purposes, made in accordance with the principles of the present invention;

FIG. 2 is a cross-sectional view of the dynamic spinal plate taken along section A--A of FIG. 1;

5        FIG. 3 is a side, cross-sectional view of the dynamic spinal plate taken along section B--B of FIG. 1;

FIG. 4 is a schematic, side view of the dynamic spinal plate taken along section A--A of FIG. 1, illustrated in connection with a receiving member and a bone screw disposed  
10        within said spinal plate;

FIG. 5 is an enlarged, exploded side view of the bone screw and receiving member illustrated in FIG. 4;

FIG. 6 is a schematic, side view of the dynamic spinal plate taken along section A--A of FIG. 1, illustrating another  
15        embodiment of a retaining lip;

FIG. 7 is a side view of a spinal plate system and a driving instrument inserting a bone screw through a cervical plate and into the cervical spine, made in accordance with the principles of the present invention;

20        FIG. 8 is a top view of the spinal plate system of FIG. 7, having a single bone screw inserted through a collet or receiving member (not visible), through the plate and into the

cervical spine in accordance with the principles of the present invention;

FIG. 9 is an exploded, side view of an alternative embodiment of the present invention illustrating a bone screw,  
5 a collet or receiving member, and an acetabular cup, made in accordance with the principles of the present invention; and

FIG. 10 is a top view of an alternative embodiment of the present invention illustrating a bone screw, a collet or receiving member, and a tibial implant, made in accordance  
10 with the principles of the present invention.

### DETAILED DESCRIPTION OF THE INVENTION

For the purposes of promoting an understanding of the principles in accordance with the invention, reference will now be made to the embodiments illustrated in the drawings and specific language will be used to describe the same. It will nevertheless be understood that no limitation of the scope of the invention is thereby intended. Any alterations and further modifications of the inventive features illustrated herein, and any additional applications of the principles of the invention as illustrated herein, which would normally occur to one skilled in the relevant art and having possession of this disclosure, are to be considered within the scope of the invention claimed.

Before the present device and methods for implantation of said device are disclosed and described, it is to be understood that this invention is not limited to the particular configurations, process steps, and materials disclosed herein as such configurations, process steps, and materials may vary somewhat. It is also to be understood that the terminology employed herein is used for the purpose of describing particular embodiments only and is not intended to be limiting since the scope of the present invention will be limited only by the appended claims and equivalents thereof.

Referring now to the drawings, FIGS. 1-3 illustrate an elongate member in the form of a spinal plate made in accordance with the principles of the present invention, and more particularly a cervical plate designated generally at 60.

5 The elongate member 60, also referred to herein as an attachment member, and its component parts may be manufactured from any suitable biocompatible material, including metal, such as titanium, stainless steel, cobalt-chromium-molybdenum alloy, titanium-aluminum vanadium alloy or other suitable

10 metallic alloys, or non-metallic biocompatible materials such as carbon-fiber, ceramic, bio-resorbable materials or if desired any suitable high strength plastic such as an ultra high molecular weight polyethylene. It will be appreciated by those skilled in the art that other biocompatible materials,

15 whether now known or later discovered, may be utilized by the present invention, and said biocompatible materials are intended to fall within the scope of the present invention.

The plate 60 may be configured and dimensioned for being installed on the spine, and more particularly on the anterior

20 portion of the cervical spine as illustrated in FIGS. 7 and 8. While the features and principles of the present invention are largely illustrated and described herein as a spinal plate 60, it will be appreciated that the spinal plate 60 is merely one

example of how the present invention may be used and the principles of the present invention may be applied to other orthopedic devices, which will be described herein in more detail.

5           Referring back to FIGS. 1-3, the plate 60 is illustrated as having a top surface 65 and a bottom surface 67, with plate holes 62 formed in the plate 60 and extending between said top 65 and bottom 67 surfaces. A circumferential edge 58 of the plate holes 62 defines the diameter of said plate holes 62,  
10 while encircling the openings of the plate holes 62, and further defines an exterior boundary of a retaining lip 78, which may be disposed beneath the circumferential edge 58. Plate holes 62 may be circularly shaped and may be configured and dimensioned to accept a receiving member 64 such that the  
15 receiving member 64 may be retained by said retaining lip 78 within said plate hole 62.

          While the shape of the plate holes 62 are illustrated herein as being circular, it should be noted that other shapes could also be used for the plate holes 62, such as elongated  
20 holes, or any other suitably shaped plate holes 62 that perform functions similar to the circular plate holes 62 described herein. Accordingly, any suitable shape for holes 62 is useable, whether round, oblong, or even asymmetrical in

shape, and each of the above plate holes 62 is intended to fall within the scope of the present invention.

The plate 60 illustrated in FIG. 1 has three pairs of plate holes 62, with each hole of a pair of plate holes 62 residing on either side of longitudinal axis 1-1, and may be used as a 2-level fusion plate. That is, the plate 60 may be sized to span two levels of vertebrae with two discs sandwiched between three successive vertebrae (seen best in FIGS. 7 and 8). As illustrated in FIG. 1, each hole within a pair of plate holes 62 may be spaced apart from its mate such that the plate holes 62 of each pair reside equidistantly on each side of the longitudinal axis 1-1 of FIG. 1. Alternatively, the three pairs of plate holes 62 may be located within the plate 60 such that no particular spacial relationship exists between them. It should be noted that the plate holes 62 may be located within the plate 60 in any suitable arrangement such that the plate holes 62 are located over a section of vertebral bone for implanting a fastener 70 into the vertebral bone to secure the plate or elongate member 60 to the vertebral bone.

It should be further noted that a 3-level fusion plate (not illustrated in the figures) may be sized to span three intervertebral discs, and may have eight plate holes 62 or

four pairs of plate holes for connecting the plate to four vertebrae of the spine. It should be noted that the number of holes 62 in the fusion plate may comprise less than a pair of holes per vertebrae spanned and to which the plate is connected. In other words, in the present invention there is no requirement that the plate contain a pair of holes at each level of vertebral fusion. For example, a 3-level fusion plate may contain eight holes, or four pair of holes, as described above, or the plate may contain less than eight holes, and still accomplish a 3-level fusion. For example, the plate may be designed to span four vertebrae, but only include six screw holes or four screw holes located either symmetrically or asymmetrically within the plate. The same concept holds true for each and every plate sized to span any number of vertebrae of the spine.

It is to be understood that any size or level of intervertebral fusion may be accomplished by the invention, by modifying the plate 60 to be of any size to fuse the desired number of vertebrae. For example, to fuse a greater number of vertebrae additional plate holes 62 may be added and the plate 60 elongated. Conversely, to fuse less vertebrae the plate holes 62 may be reduced in number and the plate 60 may be decreased in size. It should be noted that in the

modification of the plate 60, it is the size of the plate 60 that defines how many vertebrae may be fused, and one of skill in the art could readily identify the appropriate number of plate holes 62 required for securing said plate 60 to the spine.

As illustrated in FIGS. 2 and 4, the retaining lip 78, sometimes referred to herein as a retaining member or a means for retaining a receiving member 64, extends laterally from plate holes 62 and may be formed near or as an extension of the top surface 65 of the plate 60 and may be associated with the circumferential edge 58. Because the receiving member 64 may be designed and sized to move within the plate holes 62, the retaining lip 78 functions to maintain said receiving member 64 within the plate hole 62 by acting as a retaining barrier such that the receiving member 64 may contactably engage the retaining lip 78 to thereby prevent the receiving member 64 from exiting the plate hole 62. It will be appreciated that the retaining lip 78 may extend completely around the entire opening of the plate hole 62 or the retaining lip 78 may be modified such that the retaining lip 78 only extends partially around the opening of the plate hole 62.



Referring again to FIG. 1, through holes 61 may be located in the center portion along the longitudinal axis 1-1 of the plate 60 for the surgeon's convenience in adjusting the plate 60 to the desired position on the spine. The through  
5 holes 61 may be elongated to allow settling or subsidence of the bone graft. The through holes 61 may have a retaining lip 79, as illustrated in FIG. 3, which may be similar to retaining lip 78 surrounding at least a portion of the plate hole 62, or there may be no retaining lip 79 present at all (a  
10 condition not shown in the figures). In the latter case, there would be only a circumferential edge similar to the circumferential edge 58 surrounding plate holes 62.

Referring now to FIG. 5, an enlarged, exploded view of one embodiment of a fastener 70 with a receiving member 64 is  
15 illustrated, wherein the fastener 70 comprises a first portion 100 and a second portion 102. The first portion 100 may comprise a head 96 having a tapered section 72, wherein the head 96 may include a recess 94 formed therein for receiving an instrument 200 (seen best in FIG. 7), which instrument 200  
20 may be configured for driving the fastener 70 into the vertebral bone. It should be noted that the tapered section 72 may be formed on the full length of the head 96 as illustrated in FIG. 5 or the tapered section 72 may be formed

on a portion of the head 96. It will be appreciated that the tapered section 72 of the first portion 100 may be located on any suitable section of the fastener 70, including the head 96, such that the tapered section 72 may mate with tapering  
5 sidewalls 68 defining a tapered section of the receiving member 64 and any such modification is contemplated by and intended to fall within the scope of the present invention.

The second portion 102 may comprise a shaft 92 containing threads 90, and a tip 98. As used herein, fastener 70 may  
10 sometimes be referred to as a screw, bone screw, or as a means for attaching the elongate member 60 to at least one human vertebra. It should be noted, however, that the fastener 70 may be a bone screw, bolt, threadless pin, or any other suitable fastener for attaching the elongate member 60 to at  
15 least one human vertebra.

It will be appreciated that the structure and apparatus disclosed herein is merely one example of a means for attaching the elongate member 60 to at least one human vertebra of the spine, and it should be appreciated that any  
20 structure, apparatus or system for attaching the elongate member 60 to at least one human vertebra of the spine, which performs functions the same as, or equivalent to, those disclosed herein are intended to fall within the scope of a

means for attaching, including those structures, apparatus or systems for attaching an elongate member 60 to at least one human vertebra of the spine which are presently known, or which may become available in the future. Anything which  
5 functions the same as, or equivalently to, a means for attaching an elongate member 60 to the spine falls within the scope of this element.

Referring now to FIGS. 4, 5, and 6, the plate 60 may be designed to achieve a "constrained" or "semiconstrained" level  
10 of stabilizing support determined, in part, by the relationship between each plate hole 62 and a corresponding receiving member 64, sometimes referred to herein as a means for receiving a fastener 70. While the receiving member 64 is illustrated herein as being a circular ring, it should be  
15 noted that other shapes could also be used for the receiving member 64 such as oblong, square, polygonal or any other suitable shape, and any receiving member that performs functions the same as or similar to the receiving member 64 described herein is intended to fall within the scope of the  
20 present invention. Accordingly, any suitable shape for the receiving member is useable, including but not limited to round, oblong, square, polygonal or even asymmetrical shapes.

The receiving member 64 includes a through-passage 66, which may be defined by tapering walls such as frusto-conical, tapered sidewalls 68. The sidewalls 68 may further be characterized as Morse-tapered sidewalls. The tapered section 72 of the fastener 70 may be designed to lockably mate with the tapered sidewalls 68 of the through passage 66 of the receiving member 64 in a friction fit. The mating engagement between the tapered section 72 and the sidewalls 68 may be characterized as self-locking. It should be noted that the taper angle of the sidewalls 68 of the receiving member 64 and the taper angle of tapered section 72 of the fastener 70 may be any suitable taper angle such that a self-locking taper may be formed. It will be appreciated that the receiving member 64 may be configured such that it is not caused to expand responsive to the fastener 70. In other words, the tapered section 72 of the fastener 70 in this embodiment is not intended to cause expansion of said receiving member 64 into engagement against the sidewall 68 of the receiving member 64, but rather the receiving member 64 does not expand responsive to application of the fastener 70. However, it should be noted that the receiving member 64 may, if desired, be configured with a slit, gap, or other mechanism for expanding and contracting said receiving member 64.

The plate 60 of the present invention may be classified as a "restricted backout" plate, wherein the receiving member 64 essentially locks the fastener 70 to the plate 60 such that fastener backout is restricted. This function, and the structure to support it, are explained below in more detail.

Restricted backout systems such as the present invention, may be classified into two subcategories: (i) constrained plates and (ii) semiconstrained plates.. In a restricted backout plate, the fastener 70 may either be fully constrained and locked with respect to the plate 60 such that substantially no movement may be allowed in the fastener-plate interface, or alternatively the fastener 70 may be allowed to rotate or translationally move in relation to the plate 60 in a semiconstrained manner that enables a plurality of angular orientations in which the fastener 70 may be implanted into the spine. A plate 60 that restricts backout and is semiconstrained may allow each fastener 70 and receiving member 64 combination to rotate within the plate hole 62 about the longitudinal axis of the fastener 70, or may allow each fastener 70 and receiving member 64 combination to slide within the plate hole 62 in a back-and-forth translational manner, or the plate 60 may allow a combination of the two, allowing some fastener 70 and receiving member 64 combinations

to rotate and others to slide translationally. By operation of these structural and functional characteristics, semiconstrained systems permit controlled subsidence of the plate 60. The present invention includes a novel, unique  
5 design having aspects of a semiconstrained plating system that allows for both rotational motion and translational motion.

As part of the novel, unique design of the current invention, the receiving member 64 includes an arcuate exterior surface 74, which may also be described as a convex-  
10 rounded exterior surface 74, that fits within and complements a concave-rounded interior surface 76 of the plate holes 62. The receiving member 64 may be designed such that the convex-rounded exterior surface 74 can be either fully engaged or partially engaged with the corresponding concave-rounded  
15 interior surface 76 of the plate hole 62, in either case, the fastener 70 may be essentially locked to the plate 60.

The receiving member 64 of the present invention includes multiple embodiments. In a first "constrained plate" embodiment, the receiving member 64 locks to the plate 60 as  
20 the fastener 70 is tightened and secured to the receiving member 64. The structure to accomplish this locking feature subsists in the receiving member 64 comprising a rough surface finish on the exterior surface 74 such that when the fastener

70 is inserted and tightened to the receiving member 64, said receiving member 64 locks to the plate 60 by way of the rough surface finish. As used herein, the phrase "rough surface finish" may be defined as a surface having textural inequalities, or ridges, or projections, while the term "smooth" may be defined as having a continuous even surface without any textural inequalities, or ridges, or projections detectable by an average human observer. The rough surface described above may be mechanical or chemical and may be used to create the locking mechanism between the receiving member 64 and the plate 60.

The mechanical lock occurs by way of the receiving member 64 having a rough surface finish to thereby engage in an enhanced frictional engagement with the corresponding interior surface 76 of the plate hole 62. The interior surface 76 may have a smooth surface finish, or alternatively the interior surface may have a rough surface finish. Thus, the surface roughness of one or both of those components provides the mechanical qualities sufficient to cause the receiving member 64 to essentially lock to the plate 60 by way of a friction fit.

Another manner in which the receiving member 64 may be essentially locked to the plate in a constrained manner is

through chemical properties that can be present in, or added to, the surface of one or both of items 64 and 76, as known and understood by those of ordinary skill in the art. For example, a common material used to manufacture orthopedic  
5 devices is titanium or any of its alloys. When two pieces of titanium are placed in close proximity together, chemical properties can be used to lock the two pieces together.

In another illustrative "constrained plate" embodiment for essentially locking the receiving member 64 to the plate  
10 60, the receiving member 64 must be large enough to remain in contact with the interior surface 76 of the plate hole 62. Such a contact may be accomplished using a difference in the radii of curvature of said receiving member 64 and said interior surface 76 of the plate hole 62, such that the  
15 difference in radii of curvature between those two components creates a lock. Specifically, the lock occurs at a zone of contact corresponding to the difference in the radii of curvature between the exterior surface 74 of the receiving member 64 and the interior surface 76 of the plate hole 62.  
20 The zone of contact may include a discrete circumferential contact line, or a wider circumferential band of contact that would be wide enough not to be considered a line of contact. Thus, the receiving member 64 is maintained within the plate



hole 62 because of the difference in the radii of curvature between components.

In an alternative "semiconstrained plate" embodiment, the convex-rounded exterior surface 74 of the receiving member 64 may be partially engaged with the corresponding concave-rounded interior surface 76 of the plate 60, or even removed from such engagement by a smaller design of member 64. The receiving member 64 may be designed to be small enough to remain movable within the plate hole 62 during partial engagement such that (i) if the receiving member 64 is in contact with the concave-rounded interior surface 76 such contact is a semiconstrained, movable, dynamic frictional contact; or (ii) only a portion of the convex-rounded exterior surface 74 of the receiving member 64 resides in contact with the concave-rounded interior surface 76 of the plate hole 62; or (iii) the receiving member 64 may be designed to not even touch the concave-rounded interior surface 76 at all and may be retained only by the retaining lip 78. In any of these alternative structural embodiments, the receiving member 64 may be rotated and moved translationally within the plate hole 62 in a "semiconstrained" manner even after the tapered section 72 of the fastener 70 is inserted into and engages the tapered sidewall 68 of the receiving member 64. This

partially engaged "semiconstrained" relationship between the receiving member 64 and the interior surface 76 of the plate hole 62 permits micro-adjustments of the plate 60 on the spine.

5           As described above in relation to the "semiconstrained plate" system, the receiving member 64 may be designed to be rotated within the plate hole 62 such that the receiving member 64 may move freely. Such "semiconstrained" embodiments may be accomplished with or without a match of radii of curvature between the exterior surface 74 of the receiving member 64 and the interior surface 76 of the plate hole 62, by  
10           designing the size of the plate hole 62 to be large enough to permit "semiconstrained" movements, or the receiving member 64 may be designed to be small enough to permit the member 64 to  
15           move in a rotational and translational manner. In such embodiments, the exterior surface 74 of the receiving member 64 and the interior surface 76 of the plate hole 62 may both be smooth. Additionally, the radii of curvature of the receiving member 64 and the interior surface 76 of the plate  
20           hole 62 may be configured to match each other, without regard to whether or not the receiving member 64 is engaged with the interior surface 76. The above configurations permit rotation

and also slight translational movement of the receiving member 64.

5 The ability of the receiving member 64 to move within the plate holes 62, permits the entire plate 60 to controllably subside or settle. The slight movement allowed between the plate 60 and the receiving member 64 defines a "semiconstrained" state of the plate 60. In order for the receiving member 64 to be partially engaged with the plate 60, the receiving member 64 may be smaller than the corresponding  
10 interior of the plate hole 62 in order to allow the requisite movement. However, the receiving member 64 should not be so small as to permit the receiving member 64 to slide past the retaining lip 78 or a lower rim 80 and separate itself from the plate 60.

15 Likewise, the receiving member 64 and the plate 60 may have a geometry such that the receiving member 64 may be movable, but cannot flip over itself or flip 180 degrees from its original position, with respect to a horizontal axis, while it is maintained within the plate hole 62. Thus, the  
20 retaining lip 78 is able to maintain each embodiment of the receiving member 64 without changing the shape or design of the retaining lip 78.

Further, the present invention allows the receiving member 64 to lock in one-step with the fastener 70 permitting the surgeon to quickly and efficiently insert the fastener 70 into the spine without undue delay. Because the receiving member 64 may be pre-installed within plate holes 62 of the plate 60 during the manufacturing process or prior to surgery, the surgeon simply has to implant the fastener 70 in the desired location to attach the entire assembly 60 to the spine. This may be accomplished by inserting the shaft 92 of the fastener 70 through the through-passage 66 of the receiving member 64 engaging the tapered interlock fit between the tapered section 72 of the fastener 70 and the tapered sidewall 68 of the receiving member 64 described above.

Once the fastener 70 has been locked within the receiving member 64, which receiving member 64 may be located within each hole 62 of the plate 60, and secured to an appropriate bone of the spine, the plate 60 is positioned in a semiconstrained state. Thus, some movement between the receiving member 64 and the plate 60 is permitted by the movable position of the arcuate-exterior surface 74 of the receiving member 64 within the concave-interior 76 of the plate hole 62. As such, the plate 60 may be implanted and may be allowed to settle into a position of stability. The slight

movements permitted between the receiving member 64 and the plate 60 permit micro-adjusting, which reduces the mechanical stress transfers between the plate 60 and the human spine to which it is attached.

5           The receiving member 64 may be configured and dimensioned such that the diameter of the receiving member 64, at its widest point, may be large enough in size to inhibit the receiving member 64 from exiting the confines of the plate hole 62.

10           Installation of the receiving member 64 within the plate 60 may be accomplished at room temperature due, at least in part, to the elasticity of the material used to manufacture both the receiving member 64 and the plate 60. Room temperature installation may be achieved by elastic  
15           deformation of the receiving member 64 and the plate 60. The term "elastic deformation" may be defined herein as the deformation of a body in which the applied stress is small enough so that the object retains its original dimensions once the stress is released.

20           It is important to note that the receiving member 64 and the plate 60 elastically deform and do not undergo substantial plastic deformation. The term "plastic deformation" may be defined herein as the substantial deformation of a body caused

by an applied stress which remains after the stress is removed. It will be appreciated that the stresses causing the elastic deformation, to which the receiving member 64 and the plate 60 may be subjected, may also cause a slight amount of plastic deformation, but such slight amount of plastic deformation does not diminish the function of the receiving member 64 or the plate 60. However, as defined herein, the receiving member 64 and the plate 60 do not undergo substantial plastic deformation.

10       The receiving member 64 and the plate hole 62 may be configured to provide installation at room temperature by sizing the receiving member 64 to an appropriate size in relation to the plate hole 62 such that when a sufficient force is applied to the receiving member 64, the receiving member and a portion of the plate 60 elastically deform. Once the receiving member 64 is inserted into said plate hole 62, the force is released and the components each go back to their original size. Once installed, the receiving member 64 may be maintained in the plate hole 62 by the retaining lip 78. It is important to note that the installation forces placed on the receiving member 64 and the plate 60 that cause elastic deformation are larger than the forces placed on said receiving member 64 after installation of the complete device

on the cervical spine. Therefore, the receiving member 64 may be maintained in the plate hole 62 by the retaining lip 78 without being forced out of the plate 60 by the naturally occurring forces found in the cervical spine.

5           In addition to the above, another method of installing the receiving member 64 within the plate holes 62 occurs during manufacturing by cooling the receiving member 64 to a temperature that effectively causes contraction of said receiving member 64. This causes the receiving member 64 to  
10 contract to a size that is small enough that the receiving member 64 may be slightly smaller than the plate hole 62 opening in order to effectuate the installation of said receiving member 64.

          Insertion of the receiving member 64 into the plate hole  
15 62 through cooling may include the following steps. First, inserting the receiving member 64 into liquid nitrogen, waiting a sufficient period of time for contraction of said receiving member 64 to begin, and removing the receiving member 64 from the liquid nitrogen after contraction of the  
20 receiving member 64 has occurred. Second, inserting the contracted receiving member 64 through the top of the plate hole 62 into an interior volume of said plate hole 62, and permitting the receiving member 64 to warm to room temperature

thereby causing expansion of the receiving member 64 to its original shape and size. The period of time to accomplish the step of cooling the receiving member 64 to a sufficient temperature, to thereby cause the contraction of said  
5 receiving member 64, depends upon the properties of the material used to form the receiving member 64 and may be determined by one of ordinary skill in the art. Therefore, it will be appreciated that one of ordinary skill in the art, having possession of this disclosure, could determine the  
10 sufficient temperature and time to cause contraction of the receiving member 64 without undue experimentation.

It should be noted that any substance or method of cooling the receiving member 64 to a sufficient temperature to cause contraction, in addition to liquid nitrogen, may be used  
15 for contracting the receiving member 64. It should also be noted that the receiving member 64 may be manufactured from any suitable biocompatible material, including metal, such as titanium, stainless steel, cobalt-chromium-molybdenum alloy, titanium-aluminum vanadium alloy, or other suitable metallic  
20 alloys, or non-metallic biocompatible materials such as carbon-fiber, ceramic, bio-resorbable materials or if desired any suitable high strength plastic such as an ultra high molecular weight polyethylene. It should likewise be noted



that the cooling of the receiving member 64 and subsequent placement into the plate holes 62 is only illustrative of one method of installation during the manufacturing process that may be implemented by the present invention and other methods  
5 of manufacture may also be used to accomplish the same or similar results.

After installation and subsequent warming, the receiving member 64 expands to its original shape and size, after which the retaining lip 78 maintains the receiving member 64 in the  
10 plate hole 62, thereby retaining the receiving member 64. The retaining lip 78 cooperates with a lower rim 80 to retain the receiving member 64 within the plate hole 62. The lower rim 80 extends laterally from the bottom surface 67 of the plate 60, precluding the receiving member 64 from advancing  
15 completely through the plate hole 62. Thus, the lower rim 80 provides a surface for the receiving member 64 to contact such that said receiving member 64 may be maintained within the plate hole 62 in conjunction with the retaining lip 78.

It should be noted that other embodiments of the  
20 retaining lip 78 are contemplated by the present invention, such as a depressable retaining lip 78 (seen best in FIG. 6). The depressable retaining lip 78 may be initially upright in an open position, referred to and illustrated in phantom-line

as item 78A of FIG. 6, and has a pivot point 82 which permits the retaining lip 78 to be depressed downwardly with respect to the plate 60 into a lateral, closed position 78B. A process of installing a receiving member 64 includes inserting  
5 the receiving member 64 into the corresponding plate hole 62 with the retaining lip 78 in the open position 78A. After the receiving member 64 has been inserted into the plate hole 62, the retaining lip 78 may be depressed into the closed position 78B, thereby retaining the receiving member 64, which  
10 depressable retaining lip 78 functions similarly to the retaining lip 78 illustrated in FIG. 4.

It is important to note that the depressable retaining lip 78 of this embodiment and illustrated in FIG. 6 does not require the above described installation process of cooling  
15 the receiving member 64 to install said receiving member 64 into the plate hole 62 because of the depressability of the retaining lip 78, which can be opened and closed to permit the entrance of the receiving member 64. Additionally, the depressable retaining lip 78 permits the receiving member 64  
20 to be either pre-installed during manufacturing, or by a surgeon or surgical staff member prior to or at the time of surgery.

In accordance with the features and combinations described above, a useful method of implanting the dynamic spinal bone fixation plate assembly onto a patient's spine includes the steps of:

- 5           (a) locating the spinal plate 60 on the patient's spine;
- (b) inserting a driving tool 200 into the recess 94 formed in the head 96 of the fastener 70;
- (c) inserting the shaft portion 92 of the fastener 70 through the receiving member 64 until the tip 98 engages the
- 10       bone;
- (d) securing the fastener 70 to the bone; and
- (e) advancing the fastener 70 until the tapered 72 section of the fastener 70 mates with the corresponding tapered sidewalls 68 of the receiving member 64, thus locking
- 15       the fastener 70 to the plate 60.

It is to be understood that the present invention is applicable to any implant device or assembly for which the advantages of the invention can be used. For example, in addition to a spinal fixation apparatus, the invention may

20       also be applied to serve in the form of a fastener-receiving member locking interface as part of the mechanics to lock an acetabular cup to a pelvis, or to lock a tibial tray to a tibial plate, or to lock stabilization plates to long bones,

or as part of maxillo facial applications, or any suitable application.

Turning now to FIGS. 9 and 10, wherein like reference numerals represent like structure in previous embodiments.

5 FIG. 9 illustrates an alternative embodiment of the present invention as described in relation to the acetabular cup. FIG. 9 is an exploded view of a fastener 70, a receiving member 64 and an alternative embodiment of an attachment member illustrated as an acetabular cup 160. In the present  
10 embodiment, the acetabular cup 160 comprises at least one hole 162 configured for maintaining said receiving member 64 within the acetabular cup 160. The fastener 70, illustrated as a bone screw, may be configured for securing the acetabular cup 160 to the bone. The receiving member 64 and the fastener 70  
15 may, therefore, be used with the acetabular cup 160 in accordance with the principles of the present invention, described more fully above.

FIG. 10 is an exploded view of another embodiment of the present invention. FIG. 10 specifically illustrates the  
20 fastener 70, the receiving member 64 and another alternative embodiment of the attachment member illustrated as a tibial tray 260. The tibial tray 260 comprises at least one tray hole 262 similar to the holes described in relation to the

spinal plate 60 and the acetabular cup 160. Essentially, the structural features and principles described above in relation to the spinal plate 60 are also applicable to the tibial tray 260. Therefore, it should be noted that the features and principles of the present invention may be applied not only to the spinal plate 60, but also to the acetabular cup 160, the tibial tray 260 as well as other orthopedic devices not illustrated herein.

Those having ordinary skill in the relevant art will appreciate the advantages provided by the features of the present invention. It is a feature of the present invention to provide a spinal plate for stabilizing the human spine which is simple in design and manufacture. For example, the one-step self locking feature permits the surgeon to quickly and efficiently insert the fastener 70 into the spine without undue delay. Another feature of the present invention includes the fastener 70 and the receiving member 64 each having a tapered portion forming a quick and efficient self-locking taper connection. Yet another advantageous feature includes a constrained and semiconstrained plate 60 that may be achieved by the present invention for use with differing patient needs. Yet another feature of the present invention includes the advantage of using the fastener 70 and the

receiving member 64 in several orthopedic situations to secure several different orthopedic devices to a bone, such as a vertebra, tibia, pelvis and other bones.

It is to be understood that the above-described  
5 arrangements are only illustrative of the application of the principles of the present invention. Numerous modifications and alternative arrangements may be devised by those skilled in the art without departing from the spirit and scope of the present invention and the appended claims are intended to  
10 cover such modifications and arrangements. Thus, while the present invention has been shown in the drawings and described above with particularity and detail, it will be apparent to those of ordinary skill in the art that numerous modifications, including, but not limited to, variations in  
15 size, materials, shape, form, function and manner of operation, assembly and use may be made without departing from the principles and concepts set forth herein.